







FRIDAY MORNING 9:00-14:00


September 29th


PRE-CONFERENCE WORKSHOPS AT VILAFRANCA DEL CASTILLO			
PRE-CONFERENCE PROGRAMME	9:00- 14:00	<p>WORKSHOP 1</p> <p>ROOM NURSING</p> <p>H BUILDING</p>	<p>WORLD RUGBY LEVEL 1</p> <p>Instructor: Roberto Murias</p>
		<p>WORKSHOP 2</p> <p>ROOM C1</p> <p>H BUILDING</p>	<p>DIAGNOSIS ULTRASOUND BEFORE AND AFTER FASCIA TREATMENT</p> <p>Instructor: Alberto León/Julio Uceda</p> <p>AT OR PT REQUIERED</p> <p style="text-align: right;"></p>
		<p>WORKSHOP 3</p> <p>ROOM C2</p> <p>H BUILDING</p>	<p>EPTE, ELECTROLISIS PERCUTANEA THERAPY</p> <p>Instructor: Sebastián Truyols</p> <p>AT OR PT REQUIERED</p> <p style="text-align: right;"></p>

	WORKSHOP 4 ROOM C3 H BUILDING	YOYO SQUAT AND EXCENTRIC TOOLS Instructor: Rafael Maldonado 
	WORKSHOP 5 ROOM C4 H BUILDING	The Assessment and Treatment of the Lower Quadrant Fascial Chains Instructor: Kirsty McKenzie 

FRIDAY AFTERNOON 16:00-21:00




September 29th



<p>CONFERENCE OPENING CEREMONY VILAFRANCA DEL CASTILLO</p> <p>Session Chair: Álvaro García-Romero (Congress Director)</p>			
OPENING CEREMONY	18:00	Welcome & Opening Address	President SEK Institution: Nieves Segovia Provost UCJC: Samuel Martín Barbero President WFATT: Prof Larry Leverenz
	18:45	Keynote Speaker The Tent	How important is myofascia in sport? Speaker: Sue Falsone 
	19:15	Update 1 The Tent	Moving under the skin Speaker: Prof. Jean Claude Gimbertaut
	19:45	Update 2 The Tent	Anatomy and mechanotransduction of the fascia Speaker: Andrezj Pilat

	20:30	Reception The Pavilion	<p>WELCOME RECEPTION</p> 
--	-------	---------------------------	---

SATURDAY MORNING 9:30-12:45


September 30th





CONFERENCE VILLAFRANCA DEL CASTILLO AT THE TENT		
<p>UPDATES IN SPORTS MIOFASCIAL INJURIES EVALUATION</p> <p>Session Chair: Glen Bergeron (Vice-President WFATT)</p>		
9:30	Update 3 The Tent	<p>Ultrasound diagnosis and sonoelastography in mofascial injuries</p> <p>Speaker: Raúl Martínez</p> 
10:15	Update 4 The Tent	<p>Tensiomyography in myofascial Injuries</p> <p>Speaker: Rafa Maldonado/Guillermo Aladrén</p>
10:45	Update 5 The Tent	<p>Diagnosis: Clinical Assessment and Treatment of the Fascial Chains</p> <p>CATA: Kirsty McKenzie</p>  <p>CANADIAN ATHLETIC THERAPISTS ASSOCIATION</p>
<p>BREAK AT PAVILION</p> <p>11:15-11:45</p>  <p>BOARD OF CERTIFICATION FOR THE ATHLETIC TRAINER</p>		

11:45	Update 6 The Tent	Tecartherapy as a Myofascial tool for release. Speaker: 
12:15	Update 7 The Tent	RoundTable conference: Raúl Martínez, Andrezj Pilat, Sue Falsone, Anne Hartley and Rafa Maldonado. Moderator: Fernando Reyes.
12:15	WFATT Room	WFATT Business Meeting 

SATURDAY AFTERNOON 13:00-19:00

September 30th

CONFERENCE VILAFRANCA DEL CASTILLO		
LUNCH BREAK- PAVILION SCIENTIFIC POSTER PRESENTATION		
		
UPDATES IN SPORTS MIOFASCIAL INJURIES TREATMENT Session Chair: Eric Sauers (CAATE International Committe)		
14:15	Update 8 The Tent	Cupping as Myofascial Technic Speaker: Sue Falsone 

14:45	Update 9 The Tent	Manual myofascia treatment in overuse sport injuries Speaker: Fernando Galán
<p style="text-align: center;">COFFE BREAK AT PAVILION</p> <p style="text-align: center;"> Suboccipital Muscle Inhibitor</p>		
15:30	Update 10 The Tent	<p>The Use of Tool Assisted Soft Tissue Mobilization Techniques in the Treatment of Myofascial Pathologies</p> <p>Speaker: Hollie Walusz</p> <p style="text-align: center;"></p>
16:00	Update 11 The Tent	<p>Miofascial Trigger Point.</p> <p>Speaker: Michael O'Donoghue</p> <p style="text-align: center;"></p>
16:30	Update 12	<p>Head-scratching soft tissue pain</p> <p>Speaker: Keith Waldon</p> <p style="text-align: center;"></p>
BREAK		

16:45	<p>SCIENTIFIC PAPER PRESENTATION</p> <p>Session Chair: Prof. Jesús Guodemar (Department Chair PT-UCJC)</p> <p>Room</p>	SESSION 1
17:45	<p>SCIENTIFIC PAPER PRESENTATION</p> <p>Session Chair: Prof. Greg Gardner (Vice President WFATT)</p> <p>Room</p>	SESSION 2



CONFERENCE GALA DINNER 21:00




SUNDAY MORNING 9:00-14:00

October 1st

CONFERENCE VILAFRANCA DEL CASTILLO AT THE TENT		
<p>UPDATES IN SPORTS MIOFASCIAL RETURN TO PLAY</p> <p>Session Chair: Dr. Josep Benítez (Dean Universidad de Valencia)</p>		
9:20	<p>Update 13</p> <p>The Tent</p>	<p>Instrument Assisted Soft Tissue Mobilization: Research and Treatment Techniques</p> <p>Speaker: John Phillip Vardiman, PhD</p> <div style="text-align: center;">  </div>

9:40	Update 14 The Tent	Topic: Return to Play Eccentric Load/Prevention Speaker: Luis Suarez
10:00	Update 15 The Tent	Return to Play Speaker: Alberto León/Ángel Basas.
10:20	Update 16 The Tent	Topic: Return to Play Excéntric Speaker: Stephen Mutch
10:40	Update 17 The Tent	Return to Play in Myofascial Injuries. Speaker: Dr. Travis McCathie 
BREAK SPONSORSHIP AT PAVILION		
CONFERENCE WORKSHOPS VILAFRANCA DEL CASTILLO		
11:00- 13:30	WORKSHOP 1B Room NURSING	WORLD RUGBY LEVEL 1 Instructor: Roberto Murias
	WORKSHOP 2 Room C1	TAPING IN SPORT Instructor: Sergio Toba AT OR PT REQUIERED 

	<p>WORKSHOP 3 Room C3</p>	<p>TENSIOMYOGRAPHY Instructor: Guillermo Aladrén</p>
	<p>WORKSHOP 4 Room C2</p>	<p>MANUAL TREATMENT OF FASCIA (ISC CONCEPT) Instructor: Daniel Reguera y Fernando Reyes AT OR PT REQUIRED</p>
	<p>WORKSHOP 5 Room C5</p>	<p>CUPPING IN MYOFASCIAL INJURIES Instructor: Sue Falsone AT OR PT REQUIRED</p>
	<p>WORKSHOP 6 Room C4</p>	<p>RICHELIS PAIN RELIEVER Instructor: Stephano Richelis AT OR PT REQUIRED</p>
	<p>WORKSHOP 7</p>	<p>DRY NEEDLING IN MYOFASCIAL INJURIES Instructor: Michael O'Donoghue AT OR PT REQUIRED</p>
	<p>WORKSHOP 8 UCJC Sports</p>	<p>RETURN TO PLAY IN WATER Instructor: Alain Sola</p>
	<p>WORKSHOP 9</p>	<p>SMART TOOLS: Instrumented Assisted Soft Tissue Mobilization Instructor: Dr. Ed Lacara</p> <div data-bbox="699 1675 1201 1809" style="text-align: center;">  </div>



**VIII CONGRESO
WORLD FEDERATION OF
ATHLETIC TRAINER AND
THERAPY**

 **Universidad
Camilo José Cela**