





**FRIDAY MORNING 9:00-14:00**


**September 29th**

PRE-CONFERENCE WORKSHOPS AT VILLAFRANCA DEL CASTILLO			
PRE-CONFERENCE PROGRAMME	9:00- 14:00	WORKSHOP 1	WORLD RUGBY LEVEL 1
		ROOM NURSING	Instructor: Roberto Murias
		H BUILDING	
		WORKSHOP 2	DIAGNOSIS ULTRASOUND BEFORE AND AFTER FASCIA TREATMENT
ROOM C1	Instructor: Alberto León/Julio Uceda		
H BUILDING	AT OR PT REQUIERED		
			
WORKSHOP 3	EPTE, ELECTROLISIS PERCUTANEA THERAPY		
ROOM C2	Instructor: Sebastián Truyols		
H BUILDING	AT OR PT REQUIERED		
			
WORKSHOP 4	YOYO SQUAT AND EXCENTRIC TOOLS		
ROOM C3	Instructor: Rafael Maldonado		
H BUILDING			

			
		<p>WORKSHOP 5 ROOM C4 H BUIILDING</p>	<p>The Assessment and Treatment of the Lower Quadrant Fascial Chains</p> <p>Instructor: Kirsty McKenzie</p> 

**FRIDAY AFTERNOON 16:00-21:00**



**September 29th**


<p>CONFERENCE OPENING CEREMONY VILAFRANCA DEL CASTILLO</p> <p>Session Chair: Álvaro García-Romero (Congress Director)</p>			
OPENING CEREMONY	18:00	Welcome & Opening Address	<p>President SEK Institution: Nieves Segovia</p> <p>Provost UCJC: Samuel Martín Barbero</p> <p>President WFATT: Prof Larry Leverenz</p>
	18:45	Keynote Speaker The Tent	<p>How important is myofascia in sport?</p> <p>Speaker: Sue Falsone</p> 
	19:15	Update 1 The Tent	<p>Moving under the skin</p> <p>Speaker: Prof. Jean Claude Gimbertaut</p>
	19:45	Update 2 The Tent	<p>Anatomy and mechanotransduction of the fascia</p> <p>Speaker: Andrezej Pilat</p>

	20:30	Reception The Pavilion	<p>WELCOME RECEPTION</p> 
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## SATURDAY MORNING 9:30-12:45



### September 30th




CONFERENCE VILAFRANCA DEL CASTILLO AT THE TENT		
<p>UPDATES IN SPORTS MIOFASCIAL INJURIES EVALUATION</p> <p>Session Chair: Glen Bergeron (Vice-President WFATT)</p>		
9:30	Update 3 The Tent	<p>Ultrasound diagnosis and sonoelastography in mofascial injuries</p> <p>Speaker: Raúl Martínez</p> 
10:15	Update 4 The Tent	<p>Tensiomyography in myofascial Injuries</p> <p>Speaker: Rafa Maldonado/Guillermo Aladrén</p>
10:45	Update 5 The Tent	<p>Diagnosis: Clinical Assessment and Treatment of the Fascial Chains</p> <p>CATA: Kirsty McKenzie</p> 
<p>BREAK AT PAVILION</p> <p>11:15-11:45</p>		
11:45	Update 6 The Tent	<p>INDIBA</p> <p>Speaker:</p>

12:15	Update 7 The Tent	RoundTable conference: Raúl Martínez, Andrezj Pilat, Sue Falsone, Anne Hartley and Rafa Maldonado.  Moderator: Fernando Reyes.
12:15	WFATT Room	WFATT Business Meeting  

**SATURDAY AFTERNOON 13:00-19:00**

**September 30th**


CONFERENCE VILAFRANCA DEL CASTILLO		
LUNCH BREAK- PAVILION  SCIENTIFIC POSTER PRESENTATION		
		
UPDATES IN SPORTS MIOFASCIAL INJURIES TREATMENT  Session Chair: Eric Sauers (CAATE International Committe)		
14:15	Update 8 The Tent	Cupping as Myofascial Technic  Speaker: Sue Falsone  
14:45	Update 9 The Tent	Manual myofascia treatment in overuse sport injuries  Speaker: Fernando Galán
COFFE BREAK AT PAVILION		


15:30	Update 10 The Tent	The Use of Tool Assisted Soft Tissue Mobilization Techniques in the Treatment of Myofascial Pathologies Speaker: Hollie Walusz 
16:00	Update 11 The Tent	Miofascial Trigger Point. Speaker: Michael O'Donoghue 
16:30	Update 12	Head-scratching soft tissue pain Speaker: Keith Waldon 
BREAK		
16:45	SCIENTIFIC PAPER PRESENTATION Session Chair: Prof. Jesús Guodemar (Department Chair PT-UCJC) Room	SESSION 1
17:45	SCIENTIFIC PAPER PRESENTATION Session Chair: Prof. Greg Gardner (Vice President WFATT) Room	SESSION 2

CONFERENCE GALA DINNER 21:00

**SUNDAY MORNING 9:00-14:00**


**October 1st**

CONFERENCE VILAFRANCA DEL CASTILLO AT THE TENT		
<p>UPDATES IN SPORTS MIOFASCIAL RETURN TO PLAY</p> <p>Session Chair: Dr. Josep Benítez (Dean Universidad de Valencia)</p>		
9:20	Update 13 The Tent	<p>Instrumented assisted soft tissue mobilization: Effects on skeletal muscle function, range of motion and pain</p> <p>Speaker: Dr. John Phillip Vardiman</p> 
9:40	Update 14 The Tent	<p>Topic: Return to Play Eccentric Load/Prevention</p> <p>Speaker: Luis Suarez</p>
10:00	Update 15 The Tent	<p>Return to Play</p> <p>Speaker: Alberto León/Ángel Basas.</p>
10:20	Update 16 The Tent	<p>Topic: Return to Play Excéntric</p> <p>Speaker: Stephen Mutch</p>

10:40	Update 17 The Tent	Return to Play in Myofascial Injuries. Speaker: Dr. Travis McCathie  
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BREAK SPONSORSHIP AT PAVILION

CONFERENCE WORKSHOPS VILAFRANCA DEL CASTILLO

11:00- 13:30	WORKSHOP 1B Room NURSING	WORLD RUGBY LEVEL 1  Instructor: Roberto Murias
	WORKSHOP 2 Room C1	TAPING IN SPORT  Instructor: Sergio Toba  AT OR PT REQUIERED  
	WORKSHOP 3 Room C3	TENSIOMYOGRAPHY  Instructor: Guillermo Aladrén
	WORKSHOP 4 Room C2	MANUAL TREATMENT OF FASCIA (ISC CONCEPT)  Instructor: Daniel Reguera y Fernando Reyes  AT OR PT REQUIERED
	WORKSHOP 5 Room C5	CUPPING IN MYOFASCIAL INJURIES  Instructor: Sue Falsone  AT OR PT REQUIERED

WORKSHOP 6 Room C4	RICHELIS PAIN RELIEVER Instructor: Stephano Richelis AT OR PT REQUIERED
WORKSHOP 7	DRY NEEDLING IN MYOFASCIAL INJURIES Instructor: Michael O'Donoghue AT OR PT REQUIERED
WORKSHOP 8 UCJC Sports	RETURN TO PLAY IN WATER Instructor: Alain Sola

CANADIAN CEU: 6,4

